#### WITH COMPLIMENTS FROM YOUR COMMUNITY ASSOCIATION







Harrowbarrow Post Office & Shop (Adrian & Mandy : 01579 350241) Open: Mon,Wed,Thur,Fri, 8am - 1pm & 2 - 5.30pm; Tue & Sat 8 - 1pm *We look forward to serving you with:* general groceries, fresh bread & milk, cakes, local pasties, fresh fruit & vegetables. From the chilled

cabinet: bacon, pâté, cream & cheeses, chilled drinks & ice creams. Also a selection of cards & stationery. **Post Office services**: foreign currency, bill payments, cash withdrawals & deposits etc

#### We also supply items from:

Trehill Farm, St Dominic: home-reared traditional meat & sausages inc. the Sunday Roast

Delectable Collectable Antiques: from the 'in store' cabinet "Something for Everyone" Items include jewelry, silver & unusual items of interest

Purchase from the eBay shop **delcolantiques** for delivery & payment in the shop, saving on postage!

Kit Hill Alpacas: "All our Alpaca products are made using our own fleece." See items in store.



Rising Sun Plant & Garden Centre Harrowbarrow Open Mon to Sat 9 - 5, Sun 10 - 4 Wide selection of patio, basket & bedding plants. Fuchsias, geraniums, herbaceous border & rockery. Climbing & bush roses, shrubs, fruit bushes & trees (ornamental & native). Dwarf conifers, heathers & herbs. Large selection of bulbs (spring & summer). Holly wreaths & Christmas trees. Fresh vegetables & cut flowers. National Garden gift vouchers. ample parking - coffee shop. tel. 01579 351231 www.risingsun.nurseries.co.uk Master Card, Visa & Switch

#### THE GREEN GARDEN COMPANY

Let's Make Your Garden Special! Professional, Reliable, Friendly, Fully Insured & Local Specialising in: Complete Garden Maintenance Service Landscaping, Borders & Planting Patios/Paths/Decks constructed & maintained New Lawns - Seeded or Turfed Grass Cutting - One Off or Regular Cuts Hedge Cutting & Pruning Garden Clearance & Restoration Pressure washing

01579 350851 or 07941 639907 mike@greengardencompany.co.uk A cared for Garden is an Enjoyable Garden

#### SUMMER DIARY 2019

#### Events held at Village Hall unless otherwise stated

**Sat 29 June** Social Committee's Summer Coffee Morning **at The Coppins, School Road, Harrowbarrow 10am-12noon.** Coffee, Cakes, Books, Bring and Buy, Raffle, Admission £1. All proceeds to the Village Hall Recreation Project



#### July

Mon 01 & 15 Lunch Club	12 for 12.30pm
Tue 02 SHAME monthly meeting	7pm
Wed 03 All Saints Church Community Coffee Morning	10am-12noon
Wed 10 Guided Walk with Jean	2pm
Wed 10 Hall Management Committee meeting	7pm
Thu 11 Chiropody Clinic	1.30pm onward

Harrowbarrow and Metherell Annual Show (see page 11)
Fri 12 Please deliver your entries early evening or between 9 and 10am
& Saturday morning (see show schedule with this edition of Hamlet)
Sat 13 Harrowbarrow and Metherell Annual Show - doors open 2.15pm

Sun 14 Harrowbarrow Garden Crawl in aid of St Luke's Hospice 11am Tue 16 Tamar Valley Flower Club 'A Celebration of Colour' 1.45pm Tue 16 Film Club 'The Girl on the Train' 7 for 7.30pm Wed 17 W.I '200 years of women's underwear' 7.30pm August Tue 06 SHAME monthly meeting 7pm Wed 07 All Saints Church Community Coffee Morning 10am-12noon Wed 14 Guided Walk with Jean 2pm Tue 20 Film Club 'The Favourite' 7 for 7.30pm Wed 21 W.I. Open Meeting 'A box of tools to amuse and confuse' 7.30pm Thu 22 Chiropody Clinic 1.30pm onward September Mon 02, 16 & 30 Lunch Club 12 for 12.30pm Tue 03 SHAME monthly meeting 7pm Wed 04 All Saints Church Community Coffee Morning 10am-12noon Wed 11 Guided Walk with Jean 2pm Sat 14 Beer Festival (Social Community event) from 11.30am until late

Tue 17 Film Club 'Bohemian Rhapsody.'7 for 7.30pmWed 18 W.I. Harvest supper & auction for Denman bursary6.30 for 7pm



Sunday 22 September 3pm at All Saints Church

Songs of Praise in aid of Cancer Research UK followed by a cream tea If you have any requests for a favourite hymn please phone Jenny on 01579 350546

*Why not book the Village Hall for that special event!* Thinking of starting up a new group or club, or of having a family and friends' celebration or other event? The village hall is an even more attractive venue now that there is a new state-of-the-art lighting and sound system.

Contact our Bookings Secretary:



Lorraine Palmer, 2, School Lane, Harrowbarrow PL17 8BS tel: 01579 350911 e-mail: lorriepalmer44@btinternet.com PLEASE contact Lorraine during reasonable hours, preferably not at weekends.

For details of charges, facilities etc. see the village website

# Village Website

Please contact Karen Ward if you wish to post news of village events on the website: <u>karen.willowview@btinternet.com</u> tel no: 01579 351971 and a reminder to update the details of your regular club or group meetings.

# WELCOME to the Villages

Please contact Jean if you are new to the area and would like a WELCOME PACK with information on local businesses, groups you can join and other useful information.

Jean Miller 01579 351081 / jean.g.miller@btinternet.com

# Deadline for next Hamlet (Summer) contributions : BEFORE 15 September

Diary dates and events etc. for October, November, December 2019 01579 350329 sallyeccles1@gmail.com

Can you help at the VILLAGE HALL'S ANNUAL DEEP CLEAN ? MONDAY 12th August 10am - 12 noon The Village Hall is due for its annual deep clean which means



washing & cleaning inside windows, outside fascias & paintwork, ovens, fridge & heat cupboard, checking chairs and tables. If anyone (male or female, young or old) can spare the time we'd be most grateful. New faces welcome! Bring your rubber gloves! Ladders & cleaning materials provided!

VILLAGE HALL SUPERVISION - PLEASE CAN YOU HELP? To keep our wonderful Village Hall secure at times when it is not being used by hirers, we rely on the voluntary help of a dozen public-spirited villagers who, on a rota, ensure that windows and doors are locked and that any damage to the infrastructure of the Hall and its surrounds is reported immediately.

The Village Hall is such an invaluable asset, as the hub of so much of village life and much admired by outside hirers, and we would not be able to maintain it without our stalwart Supervisors.

Many of our current Supervisors have been helping for years (a couple of octogenarians are still in service) and, inevitably over time, we have needed to ask for more volunteers, as age and infirmity catch up.

We are currently at a stage when we need AT LEAST TWO MORE VOLUNTEERS. The work is not demanding or very time-consuming but ESSENTIAL for the Hall to function as it does as the focal point for village life

IF YOU CAN HELP, PLEASE CONTACT JOHN ECCLES TEL 01579 350329

#### The Village Hall Recreation Project

A big 'Thank You' to all who voted for the Village Hall project in the recent Tesco 'Bags of Help' scheme. We were up against a First Responder who romped home with the most votes, but we did come second, which means we will at least be able to start the project once we have done some more fundraising. We will need a team of volunteers then to complete the construction so, if you are willing and able to help, please watch out for the 'Wanted' posters around the villages for the details.



Harrowbarrow and Metherell Social Committee Report

May Day 2019

The celebrations for May Day were started off in good voice by our Town Crier "crying" our day's events, and the May Pole dancers weaving their May Pole patterns.

We were honoured to have the day opened by the founder of the Arrow Barrows Mr Graham Carter. The Arrow Barrows unfortunately were giving their final performance at our event.

All the fun of the fair included old fashioned games such as



roll-a-ball and roll-a-penny as well as the usual skittles and hook-a-duck. We catered for all tastes with a Hog Roast, Cream Tea or Ice Cream and, to whet whistles, a bar as well as tea and coffee.

The Plant stall, Tombola for adults, and the Chocolate Tombola for children, the Book stall and anything in between all did a roaring trade. The atmosphere was joyful and all serenaded by the Westonairs. Everybody appeared to be having a good time.

Numbers were up on last year and even the weather behaved itself. The day was voted a resounding success with all proceeds of the day going to the upkeep of Harrowbarrow and Metherell Village Hall.

The next event on the Social Committee Calendar is the Coffee Morning which will be held at The Coppins on Saturday 29th June 10am – 12 noon Admission £1 to include coffee and a biscuit, with cake slices or small cakes extra. There will be a Raffle, Bring and Buy, and a Cakes for Sale stall.



The Beer Festival will be held on Saturday 14th September from 11.30am until late. There are a lot of other Beer Festivals around at this time. So ours will be a celebration of the wares of various Cornish Brewers with a variety of cans and bottles on sale and for sampling.

Other events are in the pipe line and more news on them dreckly!!

On behalf of the committee I would like to extend our thanks for all the help and support given to us for the different events and with a plea for continued support in the future. We are unable to function without it!

Lorraine Palmer Chair Harrowbarrow & Metherell Social Committee

*Line Dancing Update* Shirley and Derek Cordier who kindly took on leadership of the line dance group unfortunately have had to bow out owing to lack of numbers. A sincere thank you to them both for trying hard to invigorate the group.



## People.....People.....People

**Best Wishes** to DAN HUNT who has started a business on his own after working at Pridhams Electrical Centre in Callington which closed earlier this year. He plans to carry on the Pridhams reputation and build his own. He lives in Gunnislake so is not far away. Please see his advertisement for details at the back of Hamlet.

**Congratulations to** Sharon Daw who ran an incredible 300th marathon for the Harriers at the beginning of June when she took part in the 32 mile race the Dartmoor Discovery, over Dartmoor hills and vales, came first in her age category, and now joins the world rankings for marathon performances.

**Welcome to new residents:** Liz and Dom who have moved into 'Two Trees', Metherell

Jamie and Bonnie, Jessica and Jack who moved into Clampitts Cottage Metherell, from Plymouth last year

David and Steve with their rescue dogs Ruby and Pearl who have moved into 4, Nicholas Meadows, Metherell

Tom, Jacqui, baby daughter Lilly, and dogs Alfie and Heston at Fir Grove, Rising Sun, who have moved here from Looe

**Congratulations to** Tracy and David Ledger of Kings Orchard, School Road, Harrowbarrow, for winning the prestigious 'Best Farmer Producer Award' at the Food and Farming Pavilion at the Royal Cornwall Show for their honey and honey products. They also won the Reserve Award for Best Exhibit in the Pavilion. Tracy says that without the support and encouragement of villagers over the last 10 years since they moved here they wouldn't have been able to do it. We know how hard they have worked. You can follow them on Facebook KINGS Orchard. And of course buy their products direct or at the various outlets, shows and events throughout the year. T.V. More4's documentary on Devon and Cornwall has also contacted them for a possible appearance. See www.kingsorchardproduce.co.uk for more details.

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	CANCER RESEARCH U.K.				
	ANNUAL FUND RAISER				
	Saturday, 30 <sup>th</sup> March 2019				
	INCOME by Stalls				
	Auction	£665			
	Bric a Brac	£67.47			
	Books	£73.28			
	Cakes	£192.35			
	Donations	£375.17			
	Fancy Goods	£119.50			
	Jigsaws	£69.90			
	Kitchen/glass	£120.45			
	Nearly New	£47.52			
	Plants	£84.30			
	Raffle	£189.00			
	Refreshments	£114.05			
	Name the doll	£17.50			
	TOTAL	£2135.49			
	Hire of Village Hall	£52.50			
	CHEQUE TO C.R.U.K.	£2082.99			
	Many thanks to all who helped on this admirable occasion. JENNY SNUGGS – CHAIR JOHN ECCLES – TREAS. LINDA PEARCE – SECRETARY ELAINE MOYLE – ASST. TREAS.				

#### Calstock Parish Twinning Association

We have enjoyed another good year with a number of social and fundraising events and, most recently, a wonderful long weekend in St Thuriau. We were greeted once again by our twinning hosts with great warmth and friendliness. Our weekend this year included an interesting visit to the Keroman Submarine Base in Lorient as well as a celebratory evening with Breton music and dance (and tuition!) We also presented a large print of a painting by Ken Bell from Latchley who has been involved in the twinning for many years. The picture will hang in the library in St Thuriau.

Shortly after our visit to France, a small group of CPTA members formed two teams to represent us in the recent Cornwall Twinning Boules Competition. Both teams reached the semi-finals and had a good day. They hope to win next year!

The CPTA are also running a competition for Y6 children at Harrowbarrow School to write an 'Entertaining Travel Journal' as the children are doing a school trip to France in June. It's good to hear they will be meeting up with their St Thuriau friends while they are there too.

We will be running a number of social and fundraising events over the coming 12 months as we prepare for our 30th Anniversary. We are awaiting confirmation of the date (likely to be May 2020).

We plan to run a Crêpe or waffle stall at the Latchley Show on July 29th too so do come along and support us (and cross your fingers for better weather than last year!)

We are always looking for more members to keep this association going so welcome anyone interested to get in touch. Current President Louise Marsh (01579 351264) / Secretary Sally Hubbard (01822 832950) or email lou\_marsh@btinternet.com

#### Saturday 13 July Harrowbarrow & Metherell Annual Show



It goes without saying, whatever the weather – a heatwave last year, unseasonably cool, wet and windy as I write this - Harrowbarrow and Metherell Village show is a highlight of the summer so keep SAT 13 JULY free! Within this edition is your Show Schedule

- take a minute to look through it to decide which and how many classes you can enter. Perhaps try your hand at a cake, a bottle of your finest home made wine or cider, a humorous photo, that watercolour painting which you did maybe years ago, or a glorious flower arrangement. Then look in the vegetable or fruit garden – some wonderful rosette-winning prize specimens are lurking there for sure. So we can set up the show promptly, it is most helpful if entries are delivered to the hall on Friday evening. If not, early Saturday morning will be fine. What ever your contribution, whatever your age (and please encourage children of all school ages) be part of our community and support your Village Show. Steve Matcham (Chair)



# Birds Report by Geoff Roberts

Like probably all households in the villages the same discussion is going on. What has happened to the lovely hot weather we had this time last year? It was just 11.5 degrees in the village on Tuesday this week, 11th June.

There is visible evidence of birds extending their families in the villages - robins, blackbirds, dunnocks, greenfinches and even bullfinches. We had success in our bird box fitted with a camera. Great tits took up residence and laid six eggs. All hatched but only five chicks survived. One thing we did not witness was the fledging hopefully fledged, not predated. We had success in another bird box which I made over the winter and where blue tits took up residence but how many chicks there were remains a mystery.

Thank you to those who contacted me with their observations, one of which was a lesser spotted woodpecker nesting. I have not seen one for ages as the greater spotted woodpecker seems to be forcing them away. There is a lack of swallows, house martins and swifts this year but on Springwatch this week it was mentioned that unseasonable weather on the birds' route through Africa and Europe had probably caused a lot of fatalities due to their exhaustion and hyperthermia. Such a pity. There are some around. Make the most of your sightings and enjoy them whilst they are still here.

If you have any questions or observations, please feel free to email me: geoffreyhroberts@btinternet.com

#### W.I News

2019 started with a fun evening when members were entertained with quizzes, a handbag hunt and other games. A poem specially written and read by Mary Davies along with a singsong finished the evening. February was our annual meeting and we were joined by Marilyn Leggatt (WI Advisor) and Pam Selley (CFWI). In March we were visited by John Killingbeck and his 'sledge' when he told of his adventures with Huskies in the Antarctic. April's speaker Paul Rendell gave a very informative talk about films made on Dartmoor and in particular 'War Horse '. May was a resolution meeting with forthcoming events discussed.

The group enjoyed a birthday lunch in January and indulged in 'tasty puddings '! Work is still progressing on the telephone box and a coffee morning in April successfully raised funds to continue. Our meetings are on the third Wednesday of every month, 7.30pm, at the Games Room in Harrowbarrow and Metherell Village Hall. New members are very welcome. Updates can be found on our Facebook page - Harrowbarrow and Metherell Women's Institute along with contact information. Nicki Thornton



Saturday October 19th at 10.30am Pink Coffee Morning at the Village Hall Come and support Breast Cancer awareness and wear something PINK. Donations for stalls would be very welcome. Contact Jenny 01579 350546

## Short Mat Bowls Club PLEASE COME AND JOIN US.

This club was inaugurated SEVENTEEN years ago and is thriving with 25 members. Nearly all of us were novices when we started but very soon learnt the necessary skills to enjoy friendly competition.



We would really welcome new members and are always willing to arrange introductory sessions to acquaint them with the fundamentals of the game plus we have a number of sets of bowls available for those without their own. We meet for a couple of hours on Wednesday evenings and Thursday afternoons and members can come to either, or both, of these sessions.

After our recent AGM, we held our annual competition for the Jim Goodfellow Trophy - Jim was one of our founder members. This year the Triples Competition was won by John McMenamin, Sally Eccles and Bill Holter.

Delicious refreshments were prepared by Debs Evans and Janet Ward and were enjoyed by nearly thirty members and guests. If you would like to consider joining the club please contact me John Eccles, Chair, tel 01579350329

### Calstock Parish Archive

We are extremely pleased to be the first archive in Cornwall to achieve the Cornwall Archives Network Quality Mark. This is a new accreditation scheme set up by the Cornwall Record Office for small archives. (The National Archives accreditation scheme is not achievable by small archives which are not able to have temperature-controlled strong rooms etc.) We have jumped through numerous hoops in our attempt to bring all our procedures up to standard and have things fully documented. The paperwork was submitted before Christmas and the CRO principal archivist/ Kresen Kernow activity manager, along with the archivist from the Tremough campus of Exeter University, paid us a visit in March to go through our application "with a fine tooth comb". I can't say we passed with flying colours as there are a few small things we need do but thankfully not enough to fail us.

Our exhibition at Harrowbarrow May Fair again proved very popular with many of you looking at the photographs and providing missing names.

We will be at Albaston fete in June and Calstock Heritage Weekend in July.

Work is due to start on the Albaston cemetery chapel in June so we won't be having our annual exhibition there this summer.

We are trying to build up our oral history archive. Many of you must have memories of school, carnivals, shops, sport and everyday life in the parish over the years - you don't have to be elderly to talk to us. If you are willing to share your memories (or if you would like to help out at the archive) please contact Lynda or call in at the archive at the Tamar Valley Centre.

Email: Lynda.harman@btinternet.com/ tel 01579 351413 or come to the archive and see what we do.

Open: Tuesdays, Wednesdays 12.00 - 5.00, Thursdays, Fridays 9.00 - 2.00

Market Garden Café at the Pannier Market in Callington



(one of the town's best kept secrets) Tamar Valley Food Hubs, the online Farmer's Market, founded and run by villagers Sara Rock, Rachael Forster and Simon Platten, is going from strength to strength. Call in on them at their Pannier Market office midweek and you'll see them busy preparing over 100 food boxes for delivery. They are about to take on more employees whilst

Lisa "from Hatt" is in charge of the great little café next door which was set up a month or so ago where the Hideaway café used to be. The décor is attractive, light and welcoming, with a menu that is varied and wholesome and caters for different dietary requirements. There is homemade soup, quiche of the day, bubble and squeak, cakes, and more, with plenty to choose from for a sit-down snack throughout the day. We were made very welcome by Lisa and the service was quick and efficient. Afterwards we browsed the shelves of locally sourced products which give you ideas for basics, gifts and treats which you can't buy in the supermarket. Their first supper club in June sold out quickly but hopefully there will be more.

The team should be really pleased with themselves! Sally and John (Eccles)

### SUMMER SALE AT 'THE BARN', Bartletts

# *The Barn* will be open for its summer sale on 17 & 18 August from 11am until 3pm

*The Barn* is a small up-cycling and art enterprise run by Terri Davis, who lives nearby in Bartletts House. Terri paints, makes ceramics, up-cycles furniture and textiles, as well as dabbling in eco printing making recycled material into bags and aprons using the power of plants for dyeing.

Terri also takes commissions for pet portraits, reasonably priced, and the ideal gift (gift cards available). Please contact Terri for details of prices.

Also on offer are classes for small groups in ceramics (including throwing on the wheel), eco printing and furniture up-cycling. All good fun and a great way to spend a few hours.

Details of classes will be published on The Barn's facebook page: The Barn, Bartletts Bridge, Harrowbarrow, PL17 8BP

To find The Barn: exit Harrowbarrow village heading towards Cotehele Mill (past St Dominick Park on your right), follow the road to the bottom of the hill around the right hand bend. Just past the houses on your right you will see The Barn (in red lettering) - with parking outside.

> Facebook – Thebarnharrowbarrow Facebook - TerriDavisArt for portraits



	Tamar Valley Community Bus trips & outings for all ages					
BOOK with	BOOK with Mavis 01822 833412 Mon-Fri 10am-5pm					
WEEKLYWed 9.30 - 1.30Callington / Co-op / Tesco - £3Thur 9.45 -12.15Post Office Gunnislake / Coffee morningFri 9.30 - 2.30Tavistock / Morrisons - £3						
MONTH	Depart	Home				
1st Mon(except Bank Hol) U3A Callington £39.3012.30						
2nd Mon Friendship Club						
2nd TueTrago Mills(free to o3rd MonTruro(free to concest	,	10.00 9.30	4.00 5.00			
sid won indio(nee to conce.	53) 20	2.50	0.00			
July – booking already open						
Tue 02 Afternoon Tea	£4	1.30	4.00			
Tue 16 Beer & Branscombe	£8	9.30	5.00			
Thu 18 Callington / Library	50p	1.30	3.30			
Mon 22 Totnes	£7	9.30	5.00			
Tue 23 Boscastle & Tintagel	£7	9.30	5.00			
August - booking opens Wed 10 July						
Thu 01 Callington / Library	50p	1.30	3.30			
Tue 06 Afternoon Tea	£4	1.30	4.00			
Tue 18 Seaton Tramway	£6	9.30	5.00			
Tue 20 DCSL Museum & Bod	min £7	9.30	5.00			
& Wenford Steam Railway (plus admission charges)						
Thu 22 Callington / Library	50p	1.30	3.30			
Tue 27 Pub Lunch	£5	11.00	4.00			

#### TAMAR AREA PROSTATE SUPPORT (TAPS)

A reminder that the group was set up to support patients in the process of being diagnosed, treated or in the post-treatment phase of prostate cancer.

The group meetings provide relevant information on prostate cancer, encourage supportive discussion with others in the same boat, and provide advice and support from those who have been before you. The Group is very informal and its meetings are open to men and their partners/friends.

TAPS meets on the first Wednesday of the month at 6.30pm, normally at Callington Health Centre. For some monthly meetings a specialist speaker may be arranged and on other occasions there will be semi-structured discussions or other activities.

NEXT MEETING: WED 3 JULY 2019 6.30 PM AT CALLINGTON HEALTH CENTRE SPEAKER: Michelle Roberts, from Look Good Feel Better TOPIC: Body and Skin Fitness after Cancer Treatment PLEASE NOTE: NO MEETING IN AUGUST ANYONE WORRIED ABOUT PROSTATE CANCER OR INTERESTED IS WELCOME TO JOIN THE GROUP Call Chris Greensted 01822 834797 or email c.greensted@plymouth.ac.uk

> Thank you to the Village Hall Committee from Dru Yoga Southwest

April 28th was the conclusion of 2 years at Harrowbarrow & Metherell Village Hall for our hugely successful Dru Yoga teacher training course. We extend our sincere gratitude to the hall committee and a very special 'thank you' to Lorraine Palmer who managed all of our bookings and kept things running smoothly. We appreciate the effort that goes into making it possible for us to use this lovely venue.

So, what have we been doing these past 2 years ...... The Dru Yoga teacher training course enjoyed the use of the hall for the whole weekend, about every 6 weeks. On Sunday 28 April, we celebrated the students' graduation. Friends and family were invited to attend and cheer the students on as they stepped up to receive their Certificates. The students, or should I say Dru Yoga teachers, are now offering Dru Yoga classes in their localities, which range from Penzance to Gloucester with some near you. What do they say about their experience?

"You will learn more than you could imagine - about yoga postures, philosophy, anatomy and physiology, yourself and the relationship you have with yourself, the world and others - and so much more. The course is really well structured and balanced across different areas of teaching. The whole of the teaching team is totally amazing - supportive, full of wisdom and knowledge and I feel really grateful for the last couple of years. The course will go quicker than you think - make the most of this opportunity.

Thank you!"

Sarah Brown, Gloucester

What next? The great news is that our next teacher training course starts in April 2020 and we will be using the village hall once more – of course! So, if you want a course that not only gives you a career doing what you love but is also inspiring and transforming on every level, then get in touch with Anne Smale on 07818 625567 or email southwest@druworldwide.com. We'll be delighted to talk to you, answer any questions and send you an information pack.

Taster Day – Sunday 13th October : 10.30am to 3.30pm – Harrowbarrow & Metherell Hall

Why not join us for a Taster day; to sample the course, get to know some of the course tutors and students from the previous course and see if this course is for you. Contact Anne to book your place, or book online at:

https://druyoga.com/uk/events/southwest-yoga-try-outday-12-10-2019.

We are looking forward to another fantastic 2-year relationship with Harrowbarrow & Metherell Village Hall and supporting more students on their Dru Yoga journey.

#### Women's Progress in One Family

Much is talked these days about the progress or lack of progress of women in the world of work and their equal opportunities. Here is the story of four generations of women in my family – a very ordinary low income family and their opportunities.

My great grandmother, born during the reign of Queen Victoria, married at 17 and had 5 children. I imagine her education was limited. I never saw her read or write. Yet she was a brilliant cook, measured things in handfuls and, apart from work in the home, she had no outside job.

My grandmother, who was brought up by a single mother, also had little education and had 5 children. However, she did piece work at home – very low paid work. She was a kind and loving mother and grandmother and very much missed when she died at 55.

My mother, her eldest daughter born in 1921, was able to pass the exam and, with a scholarship to pay for her uniform, went to Truro Grammar School for Girls where she was known as a very able student. However, she had to leave school at 15 to help support her younger brothers and sisters. She went into catering and spent her life as a cook and supervisor for the School Meals Service and eventually ran the Entertainment catering for the Hospital Service. This entailed buffets etc. for interviews and visiting dignitaries. She was married as a teenager and had two daughters of whom I am the eldest. My sister and I both trained as teachers, the first ones in the family to go into further education. We both went to Truro Grammar School - sadly now Sainsburys. As I was the first to go to Training College which was where teachers were trained in 1958, my father was advised it was a waste of time to allow me into further education as I would only get married and have a family. However, my mother overcame these objections and I duly trained as a Primary School teacher and had a long and very happy career.

As Tony and I have two sons, they are left out of this story although both have very successful careers.

The fourth generation of females in the family, two granddaughters, also go to a Grammar School, this time in Plymouth, and have enjoyed an excellent education. The elder is going to University in September to read law, the younger is progressing well with her G.C.S.E.s and has taken part in the Ten Tors 35 mile challenge with a team of girls from the school.

Thus, in one family, women have made excellent progress. We have to extend our gratitude to those who fought to bring in Grammar Schools for girls in Cornwall. The Cornwall County Council, formed in 1900, was given greater power by an act in 1902 to form an Education Committee who worked before and after the 1914–1918 War. Prominent names were A.L. Rowse, A.T. Quiller Couch, C.V. Thomas and, later, A. Browning Lyne. They founded Secondary School called County School – those who attended were selected on merit – many thousands whose parents would never have been able to pay any fees. They stressed the opportunities must be available to girls as well as boys.

R.G. Rowe insisted when the County School for Girls was opened in Truro, "The claim of girls to higher education and the importance of girls' education to the country was quite as great as the higher education of boys and in some respects greater". Many thanks from our family to these enlightened thinkers. These last facts are taken from The West Briton 1810 – 1960 150th Anniversary Supplement 21st July 1960. Anita Bowden



#### Days Gone By - memories of the Tin Church (next door to All Saints Church)

We now have a purpose built village hall with events much enjoyed by one and all. However, for well over fifty years, what we affectionately called the Tin Church was the centre of village life. In spite of its dilapidated appearance, it was the centre for Dances, Cancer Sales, Parties, Pantomimes and Plays, Whist Drives, Beetle Drives, Dog Training Classes, W.I. meetings, Wedding Receptions, Scouts, Guides, Brownies, Talent Shows, 'Any Questions', the Raymond Hale Singers and the Johnnie Green Singers concerts and much more.

Bill Ayres ran the Friday night hops with music provided by Bill's old gramophone. The pantomimes were the work of the Women's Institute supported by the Taylor family and others. Vera Langsford always saw that there were plenty of concerts. Mrs. Stidwell's Christmas parties were a big hit - how simple life was then!

The Cancer Sales were always followed by plays presented by the Restormel Players. I wish that I had had a camcorder to record the work of the stage construction crew, Haydn, Wesley and Jack. It was better than any T.V. show.

One day I saw a large digger, a van, a lorry and a group of men close to the hut. Two days later, after much roaring of the digger and banging of tin sheets, the hut was no more.

> Farewell old friend, you served us well And many a wonderful tale you could tell. The thunderous applause still rings in my ears And laughter so great it turned into tears. The old green hut may now be gone But the joy that it gave will still live on In memories of meetings, parties and song .

(Provided by Mary Davies in memory of her husband Fred who wrote it when the tin hut was taken down some years ago.)



Callington Oxfam shop has a current requirement for volunteers. We are situated in the Pannier Market which is located in Fore Street, between the Spar shop and Smith's tyres.

The work is varied and may include manning the till, sorting and pricing donations, some admin work and for those that like working with computers, submitting items to our Online Shop and wrapping then dispatching sold items.

Can you spare just a morning, an afternoon, a whole day even, every minute will be truly appreciated.

#### WHAT'S IN IT FOR YOU?

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Bored or lonely? Neither applies when you become an Oxfam volunteer!

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